

**AIOU**

**Autumn  
2021**

# **PROSPECTUS**

## **PGD**

1. **PGD** Human Resource Management
2. **PGD** Supply Chain Management
3. **PGD** Entrepreneurship
4. **PGD** Gender & Women Studies
5. **PGD** Environmental Health and Safety



Allama Iqbal Open University, Islamabad

[www.aiou.edu.pk](http://www.aiou.edu.pk)

Help Line: (051) 111-112-468

**PROSPECTUS**  
**OF**  
**PGD ENVIRONMENT, HEALTH AND SAFETY**  
**FOR**  
**SEMESTER: AUTUMN 2021**



**Allama Iqbal Open University**  
**Islamabad**

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Semester:..... Autumn 2021

Composed/Layout by:..... Hameed Zahid

Printing Incharge:..... Dr. Sarmad Iqbal

Printer:..... AIOU Printing Press, Islamabad.

Publisher: ..... Allama Iqbal Open University, H-8, Islamabad.

## Vice-Chancellor's Message

Dear Student,

السلام عليكم

Allama Iqbal Open University (AIOU) is one of the mega universities of the world and it occupies a unique position in the education sector of Pakistan. Because of its affordability and high quality distance and online academic programs. AIOU has now turned into the most favorite university of the country with high international of repute. The university made a landmark progress by ensuring access to quality education rural areas under-privileged students for the people of all ages particularly the females can now select and join the programs of their choice while sitting at their residence and along with continuing their jobs. After assessing the success of many degree programs in Pakistan, AIOU is now going to offer a ranges programs for the students in UAE, Saudi Arabia, Kuwait, Qatar, Bahrain, Oman, USA and many other countries currently. More than 1.3 million students are getting benefits from the high quality educational services of AIOU in all regions of the country through more than fifty regional offices of the university. It offers-suggests many undergraduate and Post Graduate programs at rural and remote areas providing an unparalleled opportunity to all the poor and deprived sections of the society at an affordable cost. The university has recently digitalized all its student-support services for facilitating its students on priority basis. This digitization of the system, it is hoped, will enable AIOU students to get all kinds of educational using their Learning Management system (LMS) portal support online.

Committed for your bright future.



**Prof. Dr. Zia-Ul-Qayyum**  
**Vice Chancellor**  
**AIOU**

## **IMPORTANT ACTIVITIES TO BE REMEMBERED**

<b>Activity</b>	<b>Spring Semester</b>	<b>Autumn Semester</b>
Admissions	March – April	September – October
Mailing of Books	April – June	October – December
Study Period	June – October	December – April
Examinations	October – November	April – May
Result	January	July

**Note:** Contact concerned Regional office for exact schedule of activities. Continuing Students are sent information for all activities by post. Simultaneously information is placed on website ([www.aiou.edu.pk](http://www.aiou.edu.pk)), students can download if not received by post.

It is informed that the students of all Postgraduate programs are required to upload their assignments (in typed form) on AAGHI LMS PORTAL from Spring 2020 Semester onward. Hand written assignments shall not be accepted in any case.

### **Minimum and Maximum Duration/Semesters: Programs on ODL Mode**

<b>Sr. No.</b>	<b>Degree Level</b>	<b>Minimum Duration</b>	<b>Maximum Duration</b>
1	Matric /FA	2 years / 4 semesters	5 years
2	Certificate (6 Months)	6 Months / 1 Semester	1 Year
3	All Postgraduate Diplomas (1 Year)	1 Year / 2 Semesters	3 Years
4	Associate Degree (2-years)	2 years / 4 Semesters	4 Years
5	BEd (1.5 Years)	1.5 Years / 3 Semesters	3 Years
	BEd (2.5 Years)	2.5 Years / 5 Semesters	5 Years
6	BS/BBA/BEd (4-years)	4 Years / 8 Semesters	8 Years
7	MEd (1 Year)	1 Year / 2 Semesters	3 Years
8	All Master Degree Programs (2 Years)	2 Years / 4 Semesters	4 Years

**Note:** Maximum time duration includes semester freeze period.

## **COMPLETE PROCEDURE TO ENROLL IN AIOU PROGRAMME AND SUBMISSION OF FORM IN AIOU ISLAMABAD**

All fresh and continue students can submit their admission using online system.

Follow these instructions to apply:

### **APPLY ONLINE (FRESH STUDENTS):**

1. Visit website: <https://online.aiou.edu.pk>
2. Press link “Admission for Fresh applicants”. PGD Environment, Health and Safety.
3. After filling the admission form, print out your “Challan Form”.
4. Using printed challan form submit your fee in any branch of FWBL, ABL, MCB or UBL.
5. You can also deposit fee through Upaisa, Jazzcash & Easypaisa.

### **APPLY ONLINE (CONTINUE STUDENTS):**

1. Visit website: <https://online.aiou.edu.pk>
2. Press link “Enrollment Form for Continue students”;
3. Enter your User ID & Password.
4. Select courses and print challan form.
5. Using printed challan form submit your fee in any branch of FWBL, UBL, MCB or ABL. Keep save copy of your challan form after submission of fee. **You need not to send challan to the University** but University can ask for copy of challan form any time if required.
6. You can also deposit fee through Upaisa, Jazzcash & Easypaisa.

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## **ALLAMA IQBAL OPEN UNIVERSITY**

Allama Iqbal Open University, a mega university was established in 1974 under an Act of Parliament. The main campus of the university is situated in sector H-8, Islamabad. It was the second open university of the world and the first of its kind in Asia and Africa. The aim of establishing AIOU was to provide affordable and accessible education through distance learning at the door-steps to those people who could not continue their education journey through formal system of education. The University (AIOU) operates on semester system and admits students in Autumn and Spring semesters. Under graduate admissions are offered in both the semesters where-as post graduates are offered once a year. The enrolled students are given course books specially prepared by the university on self-instructional principles. However, at post graduate level reprints of foreign books alongwith allied material and university prepared study guides help students to polish their skills.

At present, the AIOU is offering programmes from Matric to PhD level in diverse disciplines comprised of four faculties. The university has established study centres across the country where distance education students are provided necessary guidance by their respective tutors. Moreover, the

university has established full-time study centres wherein the students of MBA (IT), MBA (Banking and Finance), MBA (Marketing), MBA (HRM), BS (CS), MSc/BS Chemistry, MSc/BS Microbiology etc. are being provided instruction, guidance and counselling through face-to-face education. AIOU is also offering four years under-graduate degrees.

Apart from curricular and extra-curricular activities during the academic year, the AIOU and its regional centres actively participate in the co-curricular activities by arranging educational and literary seminars, workshops and conferences, attended not only by the students and faculties of the university but also by the renowned dignitaries and scholars. For the science students and the research scholars, a science complex has been built where they use the latest equipment of international standard for experiments and research. To meet the present day challenges, internet facility is also available in the student hostel and the Central Library where computers have been provided to enable students to access latest information available through open source databases.

## **FACULTY OF SOCIAL SCIENCES AND HUMANITIES**

First established in 1981 with five departments, the Faculty of Social Sciences and Humanities has, over the years, flourished to become, by far, the largest Faculty of the University. It, today, consists of 14 departments offering masters programmes in major areas of Social Sciences and Humanities like, Business Administration, Economics, Mass Communication, Sociology, Urdu, Library & Information Sciences, History, Pakistan Studies and Teaching of English as a foreign Language (TEFL). Additionally, efforts are afoot to plan and launch post-graduate programmes in Pakistani Languages and Law.

The Commonwealth-collaborated master's programmes in the areas of Business and Public Administration, which are specially tailored for the modern day busy executives, were launched in Spring 2002 semester.

In tune with the government's policy of promoting and strengthening a culture of higher education and research in the country, the AIOU's Faculty of Social Sciences and Humanities has shown a lot of dynamism over the past few years. It has launched MPhil/PhD programmes in Iqbaliat,

Urdu and Mass Communication and History while preparations are being made to launch MPhil Business Administration, Applied Linguistics.

The Faculty of Social Sciences & Humanities also offers several bachelors' level programmes in such professional areas like Bachelors in Library & Information Sciences (BLIS), BS-Business Administration, BS-Commerce and Mass communication. Tens of thousands of students comprising all demographic groups and, from all over the country, enroll, each year, in these bachelor's level programmes.

The Faculty has expanded vitally and its programmes have gained a high popularity as is clear from rapidly rising trend of enrolment during the past decade. During the period under report, the Faculty accorded high priority towards quality improvements and to modify its programmes in accordance with the current challenges of 21st century.

The Faculty proposed to launch Post-Graduate programmes in the disciplines of Political Science and International Relations, Psychology, Public Administration and Social Work.

## **DEPARTMENT OF ENVIRONMENTAL DESIGN, HEALTH & NUTRITIONAL SCIENCES**

### **INTRODUCTION**

Pakistan is a developing country, and it is the need of the hour to improve standard of education in all disciplines especially in science and technology in order to better cope with the challenges of 21<sup>st</sup> century. The Department was first established in 1981. During last few decades the Department has developed a range of professional programs in Health and Nutrition, Environmental Design and Home Economics. Multipurpose teaching/research labs for Food and Nutrition and Environmental Design programs has been set up in order to provide a comprehensive environment for imparting practical training and research at the main campus.

### **AIMS & OBJECTIVES**

1. To upgrade and update the skills & knowledge of professionals in various fields of applied sciences.
2. To prepare learners for the career related disciplines considering the professional interests of individuals in the areas of Health, Food Science, Nutrition, Dietetics, Environmental Design and Home Economics.
3. To prepare the individuals/professionals for the development and up gradation of community & sustainable environment.
4. To enable the individuals to integrate and apply knowledge and skills of Basic Sciences, Home Economics & Applied Sciences for their professional development.

The Department has produced scientific/value added and professional programs/courses in the areas of Health, Food & Nutrition, Home Economics and Environmental Design. The courses are now being offered under basic functional to post-graduate, MPhil and PhD level programs. Many of these courses are supported with audio-visual programs.

Currently the Department is offering the following programs:

1. Ph. D Food and Nutrition
2. MS Community Health & Nutrition
3. MS Environmental Design
4. M.Sc Public Nutrition
5. M.Sc Sustainable Environmental Design
6. Postgraduate Diploma in Environment, Health and Safety
7. Certificate courses in Public Health
8. Undergraduate level Home Economics and Health courses

### **A. PGD ENVIRONMENT, HEALTH AND SAFETY**

The Department is offering PGD in Environment, Health & Safety (EHS) which provides the benefits to professionals who work for the federal, state or local government as well as for industries, factories and mines etc. EHS aims to prevent and reduce accidents, emergencies, and health issues at workplace, along with any environmental damage that could result from work practices. By offering the PGD in EHS, Department will train the specialists as master trainers who can protect the well-being of public and also ensure the environmental regulations that meet the employees and workplace safety standards.

### 1. OBJECTIVES

- i. To develop a strong understanding of Environment and Occupational Health & Safety (EHS) amongst the professionals.
- ii. To develop the skill set for planning, execution and analysis for EHS.
- iii. To be able to evaluate the existing work practices and how they can be improved to enhance the safety and wellness of the users and employees.
- iv. To train professionals to be able to get certified in international standard EHS certifications.
- v. To increase the human resource with EHS expertise which in turn would help increase country's compliance to various EHS regulations.

### 2. ELIGIBILITY CRITERIA

Students having minimum of 14 years of formal education in proposed and equivalent fields are eligible to apply for admission.

- All Engineering domains
- Architecture Design, Urban/Town Planning, Interior Design
- Environmental Sciences
- BSc/BS in Basic Sciences
- B. Tech (Hons.)
- Environmental Design

### 3. SCHEME OF STUDIES

1 <sup>st</sup> Semester			
Sr. No	Title of the Course	Course code	Credit Hours
1.	Foundation in Occupational Health & Safety	7439	4(4+0)
2.	Health and Safety Management System – I (Organizing, Planning & Implementation)	7440	4(3+1)
3.	Health and Safety Management System – II (Monitoring and Auditing)	7441	4(3+1)
4.	Electrical and Fire Hazards	7442	3(2+1)
2 <sup>nd</sup> Semester			
1.	Physical and Psychological Hazards	7443	4(3+1)
2.	Equipment and Machine Related Musculoskeletal Hazards	7444	4(3+1)
3.	Chemical and Biological Health Hazards	7445	4(3+1)
4.	Waste Management (Environmental, Health & Safety Issues)	7446	3(3+0)
<b>Total Credit Hours</b>			<b>30</b>

#### 4. TEACHING METHODOLOGY

AIOU employs blended mode of learning (online teaching, assignments, practical activities and final exam) as methodology of instruction.

#### 5. ATTENDANCE

Attendance in teaching sessions is compulsory.

#### 6. ASSESSMENT

The distribution of the marks of each course work of PGD shall be as follows:

- a) Continuous Assessment 30 %
  - b) Final Examination 70 %
- Total: 100% (Pass percentage in each component will be 50%)

#### 7. FEE STRUCTURE

Item	Rates
Admission Fee	Rs. 1000/- This fee will be paid with the fee of first semester.
Registration Fee	Rs. 500/- Once at the time of Admission
Technology Fee	Rs. 500/-
Course Fee (per credit hour)	Rs. 1500/-
Course Fee per 3 credit hours	Rs.4500 x 4 = Rs.18,000/-
Total Fee for First Semester:	Rs.20,000/-

#### 8. ATTAINMENT OF DIPLOMA

On successful completion of the diploma, the student will have to apply to the Controller of Examination for the issuance of Diploma.

**Note: Fee, scheme of studies or courses can be changed or upgraded as per AIOU policy from time to time.**

#### 9. Important Addresses and Telephone Numbers Contact Addresses (Academics)

1. **Dr. Hajra Ahmad**  
Chairperson  
051-9057742
2. **Dr. Zaheer Ahmad**  
Associate Professor  
(Food Bio-Technology)  
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051-9057265
3. **Ms. Shaista Baber**  
Assistant Professor  
(Housing and Interior Design)  
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051-9057746
4. **Dr. Mahpara Safdar**  
Assistant Professor  
(Human Nutrition)  
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051-9057748

5. **Dr. Muhammad Farooq Mustafa**  
Assistant Professor  
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6. **Ms. Asma Afreen**  
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8. **Ar. Nazia Iftikhar**  
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(Architecture/Urban Planning)  
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051-9057744
9. **Dr. Mahvish Zahra**  
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10. **Ar. Omer Shujjat Bhatti**  
Research Associate (Environmental Design)  
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**Adjunct Faculty Members (PGD Environment,  
Health and Safety)**

1. **Imtiaz A. Aslam**  
Director  
EDCONS Institute of Business & Technology (PVT)  
LTD, Islamabad.
2. **Zafar Iqbal**  
Director  
Zain Institute of Training and Consultancy in Occupational  
Safety Health & Environment, Islamabad.

## **GENERAL INFORMATION**

- i. The certificates/degrees of AIOU are equivalent to any other recognized Board/University.
- ii. If an applicant of post-graduate/research level programme does not receive any information regarding admission within three months from submission of application, he/she should presume non-selected.
- iii. The address of a student will not be changed during the semester.
- iv. Admission to courses for both the Spring and Autumn semesters are generally offered in the months of March and September, respectively, whereas, examinations commenced in November and May respectively. The continuing students may enroll through online system on AIOU website within due date.
- v. Fee cannot be refunded once paid for admission nor can it be adjusted for any other programme
- vi. On payment of the registration fee, each student will be issued a student ID. This number must be quoted in all the future correspondence.
- vii. Study material shall be available on AIOU website for downloading.
- viii. Rules and regulations framed, enhanced and changed from time to time by the authorities, bodies of the university will be effective as deemed necessary. The student will have to abide by all such rules and regulations from the date of their implementation.
- ix. A student who fails in continuous assessment component is not eligible to reappear but will be allowed to re-register for the same course at its next offering semester by the university.
- x. It is the responsibility of the student to remain in touch with the department regarding the academic activities.
- xi. A student already admitted to a programme or a specialization of a programme shall not be allowed to transfer or to get admission to another programme unless he/she formally postpones it till the completion of the new programme or withdraws from the previous programme.
- xii. After completion of a programme successfully, a student has to apply to Controller of Examinations for issuance of certificate/degree.
- xiii. The university reserves the right to change contents of this prospectus without any prior notice as per university policy.
- xiv. In case of discrepancies in the name of student/ Father's name of the student or difference in name mentioned in his/her other educational certificates, the name on the Matric certificate of the student will be considered as correct name. The Examination Department shall also issue certificate/ degree on the said name.
- xv. In case provision of forged documents for admission, not only the admission will be refused to the applicant but the fee deposited by him/her will also be forfeited. The university may proceed further in the matter.

## **PROCEDURE FOR DEPOSITING FEE**

Eligible candidates for (Open Merit Programmes) are required to deposit fee in any branch of the following banks:

- (1) Allied Bank Limited (ABL)
- (2) First Women Bank (FWB)
- (3) Muslim Commercial Bank (MCB)
- (4) United Bank Limited (UBL)

Fee can also be deposited through Jazz Cash, Easy Paisa and Upaisa Mobile App/USSD String \*786#, Retailer Agent, Franchise and Branches of Mobilink, Telenor and Ubank. For more detail please visit university website.

The Banks/Mobile App/Retailer Agents/Franchise/Branches will provide Transaction ID of deposited fee.

**Note:** Beware that University has not authorized any person or private institute to collect payment/forms. All the students are instructed to deposit fee by themselves in designated bank branches. In case of any discrepancy in admission fee/admission form the University will not be responsible and the student will have to face the consequences.

## **REGULATIONS FOR REFUND OF ADMISSION FEE**

1. The students who has submitted their fees for Admission but do not wish to continue and have applied for refund of fee before dispatch of the fees will be refunded after deduction @ 10% of total fee.
2. the student who was not eligible but deposited fee for Admission, the fee shall be refunded after deduction @ 15% of total fee.
3. The students who have deposited their fee in excess of due fee the total excess amount shall be refunded or adjusted as the case may be.
4. The Treasurer Department shall verify the fee of students and shall send the case to the audit for pre-audit.
5. the cheque will be issued to the candidate by the campus payment section, Treasurer Department.
6. Admission fee will be refunded/ adjusted maximum up to one year.
7. After dispatching the study material, the candidate shall not be eligible for the refund of fee.

## **GENERAL CONDITIONS FOR REFUND**

1. The University must have received the fees in its bank account.
2. All refund requests must be submitted on the Fee Refund Application form. The Bank Challan/Deposit Slip, any other record of fee and ID Card copy must be attached to it.
3. All applications shall be addressed to the Treasurer and will be received directly in the Treasurer Department with full particulars. The Treasurer Department will get report from concerned Department and verify the amount from system as the case may be and will process the case accordingly.
4. The refund will be made after deduction of any recoverable amount.
5. The refund will be made to the same person or firm from whom the payment was received, through cross cheques.
6. If the University makes an offer on the basis of incorrect or incomplete information, misstatements, concealment of facts, fake certificates or use of any other unfair means by the applicant/ student, the admission will be cancelled, and refund will not be allowed. Department reserves the right to take disciplinary action also.
7. Any type of Processing Fee will not be refunded.
8. In the case of death or physical incapacity, the full refund will be made only in instances of sever unavoidable and incapacitating circumstances.
9. In case the students who are not allowed/granted admission to a program offered by the University due to less enrollment/non formation of viable group/ non-offering of courses, full fee will be refunded to them.

### **REFUND OF OTHER FEE**

1. All kind of other fee including but not limited to Degree fee, Re-appear exams fee, change off name/father name, examiner registration fee, tutor registration fee, workshop center change, late assignment evaluation fee, analysis fee, rechecking of answer scripts fee, NOC fee, subject/group change fee, thesis evaluation fee, thesis extension fee, job fee, tender fee tec. will not be refunded. Only excess fee deposited will be refunded/ adjusted.
2. The extension in thesis fee in excess shall be refunded on approval of concerned Dean with certificate that fee was deposited in excess.
3. The amount deposited in University accounts by any person/firm (other than student), by mistake or in excess shall be refunded after verification of the amount deposited.

### **IMPORTANT TELEPHONE NUMBERS**

Sr. #	Name	Telephone Nos.
1.	Director Admissions	051-9057298 051-9250043 051-9250162 (Fax)
2.	Assistant Registrar (Mailing)	051-9057281-82 051-9250185, 051-9057611
3.	Controller of Examinations	051-9057310 051-9057328 051-9250012
4.	Director Students Affairs	051-9250174
5.	Dy. Registrar (Teachers Education)	051-9057428 051-9057299

# ALLAMA IQBAL OPEN UNIVERSITY, REGIONAL NETWORK

## FEDERAL AREA, ISLAMABAD

Additional Regional Director,  
Regional Campus, AIOU,  
Block No.27, (Services Block)  
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## PUNJAB

**Deputy Regional Director,**  
Regional Centre, AIOU, Street No.5, Major  
Tahir Sadiq Road, Dar-ul-Salam Colony,  
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**Additional Regional Director,**  
Regional Campus, AIOU, Chak No. 12-A/BC,  
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**BAHAWALPUR.** Ph: 0304-9983138-9  
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**Assistant Regional Director,**  
Regional Centre, AIOU, Opposite Allied Park,  
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**Regional Director,**  
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Email: rd\_bahawalnagar@aiou.edu.pk

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Town, Lahore Road, Near Superior College  
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**Deputy Regional Director,**  
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