

ALLAMA IQBAL OPEN UNIVERSITY




DEPARTMENT OF HOME & HEALTH SCIENCES



PGD Dietetics PGD Nutrition



Salient Features

-  To promote the profession of Health, Nutrition and Dietetics.
-  To provide opportunities to medical professionals to enrich their education in the field of nutrition and enhance their knowledge in this branch of preventive health.
-  To provide guidance/educational opportunities to in-service dietitians/ Nutritionists and other health professionals engaged in planning and serving hospital meals.

ELIGIBILITY FOR ADMISSION

- a) MBBS & BDS are Eligible for PGD in Nutrition.
- b) M.Sc Food & Nutrition (Home Economics), BS H.Eco (Food and Nutrition), BS Human Nutrition, BS Nursing, B/D-Pharmacy, B/D in Physiotherapy, BS Food Technology, BS Medical Technology & B.Sc Community Nursing (after F.Sc Pre-Medical) are eligible for PGD in Dietetics.
- c) Students completing 30 credits for either of the PGD in Dietetics or in Nutrition are considered eligible to apply for MS Community Health & Nutrition Programme.

Post-Graduate Diplomas in Nutrition and Dietetics

Course Duration : Minimum two semesters (one year) for each diploma
Total No. of credit hours : Thirty credit hours for each diploma

**DUE DATE OF ADMISSION 1st Aug to 5th Sep 2016
AFTER DUE DATE WITH ADDITIONAL CHARGES 25-09-2016**

Prospectus/Admission form is available at the main campus of AIOU as well as
Regional Offices, Karachi Ph:021-99246099-101, Lahore Ph:042-99260023-26, Rawalpindi Ph: 051-9057841,
Multan Ph: 061-9220201-2, Peshawar Ph: 091-9217603 and Faisalabad Ph:041-8814981-2
E-mails: hajra5@hotmail.com, zaheer_863@yahoo.com
For Queries: 051-9057741, 9057743, 9057748 & 9057265

ALLAMA IQBAL OPEN UNIVERSITY

DEPARTMENT OF HOME & HEALTH SCIENCES



MS Community Health & Nutrition

Salient Features

- ➡ Research based higher education in Community Health and Nutrition for people working in the field of Nutrition & Health.
- ➡ To provide opportunities to medical professionals to enrich their education in the field of nutrition and to enhance their knowledge in this branch of preventive health.
- ➡ Focused to impart the skill of data collection, analysis and to draw conclusions on scientific grounds.
- ➡ Provision of an opportunity to post-graduates working in different health departments/organizations & teaching institutions to enhance their qualifications in relevant discipline.

MS Community Health and Nutrition programme was initially developed/launched in collaboration with Kings College, London, U.K. Expert advice in designing of scheme of studies and course contents was provided by the Faculty from Kings College London and local subject experts.

Course Duration: Minimum Two Years

Mode of Teaching 2 Phases of face to face compulsory Teaching Workshops (at Islamabad Campus) in each semester.

ELIGIBILITY FOR ADMISSION

- * Students will take admission in PGD Nutrition or PGD Dietetics as first stage/pre-requisite to MS Program.
- * Completers of any one Postgraduate Diploma i.e. PGD Dietetics/PGD Nutrition who qualify Entry Test/Interview are eligible for admission in MS programme.

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A. PGD IN NUTRITION (SCHEME OF STUDY)

Sr.#	Course title and Course Code	Credit Hours
1st semester		
1.	861- Hospital Dietetics	3(2+1)
2.	7501-An Introduction to Human Nutrition	3(2+1)
3.	7502-Applied Human Nutrition	3(2+1)
4.	7511-Basics of Food Science	3(2+1)
5.	886-Health Promotion	3(2+1)
2nd semester		
1.	7505-Nutritional Epidemiology	3(3+0)
2.	7506- Design of Nutritional Epidemiological Studies	3(2+1)
3.	859-Food Studies	3(2+1)
4.	866- Sociology of Food and Nutrition	3(2+1)
5.	865-Institutional Management	3(2+1)
Total Credit Hours		30- Cr Hrs

B. PGD IN DIETETICS (SCHEME OF STUDY)

Sr.#	Course title and Course code	Credit Hours
1st semester		
1.	861- Hospital Dietetics	3(2+1)
2.	7501- An Introduction to Human Nutrition	3(2+1)
3.	7502-Applied Human Nutrition	3(2+1)
4.	7511-Basics of Food Science	3(2+1)
5.	886-Health Promotion	3(2+1)
2nd semester		
1.	7503- Medical Sciences-I	3(3+0)
2.	7504-Medical Sciences-II	3(2+1)
3.	859- Food Studies	3(2+1)
4.	866- Sociology of Food and Nutrition	3(2+1)
5.	865- Institutional Management	3(2+1)
Total Credit Hours		30- Cr Hrs

MS COMMUNITY HEALTH AND NUTRITION PROGRAM (SCHEME OF STUDY)

Sr.#	Semester/Courses	Theory/ Practical	Cr. Hours
01	Semester-I (12 Credit hours)		
	1781- Modern Nutrition in Health and Disease-I	3 (3+0)	3
	7510-Biostatistics	3(2+1)	3
	Elective -I		3
	Elective -II		3
02	Semester-II (12 Credit hours)		
	1782- Modern Nutrition in Health and Disease-II	3(2+1)	3
	7509- Research Methods	3(2+1)	3
	Elective-I	3(3+0)	3
	Elective-II	3(3+0)	3
03	Semester III & IV (12 Credit hours) Research	-----	12

Candidates will select **elective courses** equivalent to total of 24 credit hours in semester I and II. Research work will be of 12 credit hours and will be completed in semester III and IV.

(LIST OF ELECTIVE COURSES)

Sr.#	Courses and Codes	Theory/ Practical	Cr. Hours
1	1776- Dietetic Practice	(2+1)	3
2	1779- Computer Applications in food and Nutrition	(2+1)	3
3	862- Community Nutrition	(2+1)	3
4	1787-Research Techniques in Health and Nutrition	(2+1)	3
5	1783-Food Analysis-1	(2+1)	3
6	1784-Food Analysis-11	(2+1)	3
7	7512-Food Theory and Its Application.	(2+1)	3
8	7507-Food Microbiology	(2+1)	3
9	7508-Food Biotechnology	(2+1)	3

Steps for Admission Process	
1.	Purchase of Prospectus/Download Admission Form from Web (http://online.aiou.edu.pk/AdmissionForm.asp)
2.	Send Filled Admission form to Department of Home & Health Sciences Block No.6 Allama Iqbal Open University Islamabad.
3.	If you are eligible; you will receive fee letter from Admission Department.
4.	Send the form/fee slips as per guideline given in letter you received from Admission Department.
5.	After 2-3 months of submission of fee you will receive the Study Package.

Dr. Nomana Anjum

Chairperson

**Department of Home and Health Sciences Block-6, Allama Iqbal Open University Sector H-8,
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