



Reviewed by

Babar Hussain Shah

The book of Prof, Dr. Abdul Ghani has been published with the titled Spiritual healing in the paradise of reiki and Sufi healing and released across the globe.

Prof. Dr. Abdul Ghani is an educationist & a famous spiritualist with 6 master degrees, all with distinctions, in English Language & Literature), TEFL, Persian, History, Urdu & Arabic. He is double PhD: i)Iqbal Studies & ii)Usui Reiki & The Islamic Concepts of Spiritual Healing. He is a renowned Sheikh in four Sufi Orders and also a Reiki Grand Master.

Dr. Abdul Ghani has made a comparative study of Reiki & Sufi healing, on the premise that Reiki, being a legacy of the Prophets, is compatible with all the religions and spiritual systems of the world.

This book consists of somewhat amended and revised material of the authors research work upon which he was awarded a PhD from the University of Colombo in 2004 and a gold-medal on its quality research.

In this book the

Writer has made a comparison between the famous spiritual healing system Reiki and the spiritual healing system of the Sufis. The writer has presented undeniable documentary evidences to prove that a spiritual healing system, much more advanced than Reiki itself was practiced by the Sufis, especially among the Naqshbandi Sufi circles long before the birth of the founder of modern Reiki, Dr. Mikao Usui. The author of the book writes that if Dr. Usui had met some perfect Naqshbandi Sufi in his early days, he would have saved himself from the sufferings and hardships which he underwent in search of Reiki.

It has also been observed that with regard to Reiki & Islam, there is a bi-pronged fear:

1. Since Reiki is practiced & promulgated mostly by the Buddhists, Christians, Jews, & also by atheists, there is a fear among the orthodox Muslims that it might be a heresy to practice Reiki.

2. On the other hand, there is an outbreak of Islamo-phobia throughout the world due to an anti- Islamic propaganda, launched by some extremists. Peoples living in the areas where Islam has not been properly introduced, seem to have developed a feeling that it is only a 'might is right' type of religion, with no proper spiritual discipline. The author has kept both these aspects in his mind, and by adopting an unbiased & purely academic approach, he has successfully elucidated that both of these fears are baseless.

This book is likely to be a new dawn in the world of spiritual healing and an unprecedented gift to mankind from the blissful world of the Sufi.

A very important aspect of this book is that the writer has successfully removed the misunderstandings prevalent among the Non-Muslim Reiki practitioners regarding Sufism and also the fear of heresy prevailing among the Sufis with reference to practicing Reiki.

Immediately after its publication, this book has been warmly welcomed by the spiritual circles and social scientists all over the world which reflects the fact that this book will turn out to be an unprecedented gift to the mankind from the blissful world of the Sufis. This book has been declared the first book on the subject of a comparative study of Reiki and Sufi healing which is indeed an asset for the whole Muslim world in general and the Islamic Republic of Pakistan in particular.

### **In The Paradise of Reiki and Sufi Healings**

By: Prof. Dr. Abdul Ghani

€ 59<sup>00</sup> \*incl. VAT

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